

FROM: LARRY GALCIK / PHYSICAL EDUCATION INSTRUCTOR
DATE: 2017-18 SCHOOL YEAR
TO: PARENTS,

YOUR SON/DAUGHTER WILL BE PARTICIPATING IN PHYSICAL EDUCATION CLASSES AT CHICORA ELEMENTARY SCHOOL AT LEAST ONCE A WEEK. SAFETY IN THE GYMNASIUM FOR ALL CHILDREN IS ONE OF MY MAJOR CONCERNS. PLEASE READ THE FOLLOWING CAREFULLY, SO THAT WE MAY ELIMINATE ANY UNNECESSARY SITUATIONS THAT MAY OCCUR IN CLASS. YOUR COOPERATION IS GREATLY APPRECIATED.

1. CLOTHES THAT ALLOW FREEDOM OF MOVEMENT SHOULD BE WORN ON PHYSICAL EDUCATION DAYS. **SKIRTS AND DRESSES ARE MOST INAPPROPRIATE.**
2. ***SNEAKERS/TENNIS SHOES ARE REQUIRED!*** ABSOLUTELY NO BOOTS, SANDALS, DRESS SHOES, AND OPEN BACKED SHOES. SNEAKERS WITH HEELS HIGHER THAN 2 INCHES ARE NOT ALLOWED. ***SHOELACES SHOULD BE WORN AND TIED FOR SAFETY. ***
3. JEWELRY SHOULD NOT BE WORN OR SHOULD BE REMOVED BEFORE CLASS. THE TEACHERS AND THE SCHOOL DISTRICT WILL NOT BE HELD RESPONSIBLE FOR ANY LOST OR DAMAGED ITEMS.
4. IF YOUR CHILD CANNOT PARTICIPATE IN PHYSICAL EDUCATION CLASSES DUE TO ILLNESS OR INJURY, PLEASE SEND A DOCTOR'S EXCUSE TO THE SCHOOL NURSE AND ME. IF THE INJURY OR ILLNESS EXTENDS FOR A LONG PERIOD OF TIME, A DOCTOR'S WRITTEN PERMISSION IS NECESSARY FOR YOUR CHILD TO RETURN TO ACTION. THE WRITTEN EXCUSE INSURES THAT IT IS SAFE FOR YOUR CHILD TO PARTICIPATE AGAIN.
5. SOCKS SHOULD BE WORN TO CLASS WITH SNEAKERS.
6. **GUM, CANDY, OR ANY OTHER ITEMS THAT COULD CAUSE A CHOKING EMERGENCY, WILL NOT BE PERMITTED DURING CLASS.**

THESE SIX POLICIES LISTED ABOVE WILL INSURE A POSITIVE AND SAFE ENVIRONMENT FOR YOUR CHILD TO PARTICIPATE IN PHYSICAL EDUCATION. YOUR HELP WITH ENFORCING THESE POLICIES IS GREATLY APPRECIATED!

SINCERELY,

LARRY GALCIK

YOUR CHILD HAS PHYSICAL EDUCATION CLASSES ON:

Monday

Wednesday

Friday